

# 1. My heavy sprite

Anthony Holborne

5

My hea- vy sprite,

5

10

op- prest with sor- row's might, of wea- ried limbs

10

the bur- den sore sus- tains,

15 20

25

with si- lent groans, with si- lent

25

30

groans and heart's tears still com- plains,

35

yet I breathe still and

40

45

live in life's des- pight. Have

50

I lost thee? All for- tunes I ac- curse, bids

1) d in orig.

55

thee fare-well, with thee all joys fare-well,

60

65

and for thy sake this world be-

70

comes my hell, and for thy

75

sake this world be-comes my hell.